

# **SMASH PADEL USE OF CHANGING FACILITIES POLICY**

**VERSION 1.0 – NOVEMBER 2025**

# USE OF CHANGING FACILITIES BRIEFING AND TEMPLATE POLICY

## BRIEFING

Changing facilities can vary greatly between venues, and this template may not be suitable or practical for some venues due to the nature of their facilities and access. In this situation, this template should be used alongside the CPSU changing rooms guidance (<https://thecpsu.org.uk/resource-library/best-practice/safe-use-of-changing-facilities/>) to develop a policy that meets the venue's specific need.

Venues who find it difficult to adhere to some of the procedures in this document and CPSU guidance, or do not have changing facilities at all, may consider that it is more practical for members/players to come to the venue already changed, and go home afterwards to change and shower.

**Changing rooms and transgender people:** Venues should consult the Equality and Human Rights Commission Guidance on the provision of single-sex spaces in making decisions in relation to changing room provision.

## TEMPLATE POLICY ON THE USE OF CHANGING ROOMS

Smash Padel strives to ensure that all children (anyone under 18) are safeguarded from abuse and have an enjoyable Padel experience.

This policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals associated with [name of venue/county].

This document sets out the [venue] policy for the acceptable use of our changing rooms.

1. Ensure members and parents/guardians are made aware of the type of changing room in use, i.e. separate for male and female or mixed changing villages (and what segregation measures are in place).
2. Groups of children will have sole use of changing rooms where possible. If this is not possible, adults should use their own changing area wherever possible, when changing at the same time as children, unless they have a child of an age where help is required from parents/guardians or if the child requires additional specific assistance. Where it is not possible for adults to change separately, they are to ensure they change in an appropriate fashion, and to be mindful that they are changing with children present.
3. Children of different sexes should change in separate areas, never in the same cubicle, or adjoining cubicles.
4. Mobile phones, cameras and other electronic devices must not be used in changing rooms.
5. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
6. Staff or volunteers should not supervise changing facilities whilst children are using them, as this can place them and the children at risk of harm and allegations. Instead, a DBS checked member of staff or volunteer can wait outside the changing room to allow children to call for assistance if required.
7. Where no changing facilities are available children, parents and travelling teams/players will be made aware prior to the game and advised to make alternative arrangements and to take appropriate additional clothing e.g. tracksuits etc.

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